

USD 208 Lunch Menu

January 2018

(Menu subject to change without notice)

	Adult	TCHS	TGS	Reduced
Breakfast	\$2.20	\$1.90	\$1.90	\$0.30
Lunch	\$4.00	\$2.80	\$2.75	\$0.40
Extra Milk	\$0.50	\$0.50	\$0.50	



All meals are served with milk
Headstart is served 1% white milk

Daily Veggie Bar:

- Romaine Lettuce
- Tomatoes
- Broccoli
- Baby Carrots
- Ranch Salad Dressing

****6-12th Grade Items**

All Grain Based products are at least 51% whole grain rich.

USD 208 is an equal opportunity provider. Applications for Free/Reduced lunch benefits are available at the TCHS, TGS and District Offices.

Monday	Tuesday	Wednesday	Thursday	Friday
No School: Christmas Break				
7 Hamburger w/ Bun Oven Fries Green Beans Lettuce & Tomato Veggie Bar Fresh Fruit	8 Chili Cinnamon Roll **WGR Tortilla Chips Red Bell Pepper Strips Veggie Bar Canned Fruit	9 Chicken Nuggets WGR Roll & Jelly Mashed Potatoes Veggie Bar Canned Fruit	10 Pig in a Blanket Roasted Red Potatoes Broccoli w/ Cheese Veggie Bar Canned Fruit	11 Pulled Pork Sandwich Tater Tots Baked Beans Veggie Bar Canned Fruit
14 TCHS: Ham/Cheese Pocket TGS: Ham/Cheese on Bun Potato Wedges Celery Sticks Veggie Bar Canned Fruit	15 Cheese Pizza WGR Breadstick w/ Marinara Veggie Bar Fresh Fruit	16 Taco WGR Chips & Salsa Refried Beans Corn Veggie Bar Canned Fruit	17 Chicken Alfredo Green Beans Oatmeal Cookie Veggie Bar Fresh Fruit	18 Country Style Beef Patty WGR Roll & Jelly Mashed Potatoes/Gravy Veggie Bar Canned Fruit
21 No School	22 Hamburger on Bun Oven Fries Lettuce & Tomato Slice Veggie Bar Fresh Fruit	23 Spaghetti/Meat Sauce Garlic Bread Green Beans Veggie Bar Canned Fruit	24 Taco Salad Chips & Salsa Red Pepper Strips Refried Beans Cinnamon Roll Veggie Bar Fresh Fruit	25 Chicken & Noodles WGR Roll & **Honey Mashed Potatoes Veggie Bar Canned Fruit
28 TCHS: Mini Meatball Sub TGS: Taco Burger Ranch Potato Wedges Veggie Bar Canned Fruit	29 Super Nachos Tortilla Chips & Salsa Corn Veggie Bar Fresh Fruit	30 Grilled Cheese Tater Tots Veggie Bar Canned Fruit Chocolate Chip Cookie	31 Pepperoni Pizza WGR Breadstick w/ Marinara Green Beans Veggie Bar Fresh Fruit	